



Wellness Program Registration For Land and Aqua Programs

WINTER Session January 9-March 3, 2012 Registration period December 5-January 8, 2012

\$15.00 Late Fee (non refundable) applies after January 8, 2012

Classes are open to both members and non-members.

Please submit this Registration Form, in person, completely filled out with payment to BPS/Lied Activity Center.

Name: _____ Phone: _____

Email: _____

Emergency Contact: _____ Phone: _____

Member: _____ Non-Member: _____

Please check here to receive Fit In The City's Monthly E-Newsletter

Check Box	Pricing	Member	Non-Member
	1 class/each week	\$50.00	\$65.00
	2 classes/each week	\$80.00	\$95.00
	3 classes/each week	\$100.00	\$115.00
	4 classes/each week	\$120.00	\$135.00
	Unlimited Pass (Age 62 & older)	\$125.00	\$140.00
	BPS Staff*Unlimited	\$99.00	

Class Total \$ _____

Credit \$ _____

Late Fee \$ _____

Total Paid \$ _____

*BPS staff, retirees, support staff receive discounted rate

Check # _____ Cash \$ _____ Rec'vd by: _____

NO REFUNDS issued after the second scheduled class. INITIAL HERE

Agreement to Hold Harmless and Waiver of Liability

In consideration of being granted permission to use the Lied Activity Center and the facilities located therein, the undersigned agrees to hold Sarpy County School District No. 001, a.k.a. the Bellevue School District, and Fit In The City, LLC., harmless from any and all claims of any kind or nature, and agrees to waive any and all liability for any injuries or other claims arising out of the use by the undersigned of the Lied Activity Center or any of the facilities located therein or any of the activities of employees of the Bellevue Public School District. I have received and agreed to follow the rules and regulations of the BPS/Lied Activity Center.

Signature of Applicant _____ Date _____



MONDAY	
CHECK BOX	TIME/CLASS
	8:30-9:15AM TAI CHI
	8:30-9:30AM H2O:THE WORKOUT
	9:30-10:30AM AQUA AEROBICS
	6:00-7:00PM ZUMBA
	6:00-7:00PM H2O:THE WORKOUT
TUESDAY	
CHECK BOX	TIME/CLASS
	8:30-9:15AM MASTER STRENGTH
	9:30-10:30AM AQUA AEROBICS
	5:30-6:30PM AQUA AEROBICS
	6:00-7:00PM MUSCLE MAX
WEDNESDAY	
CHECK BOX	TIME/CLASS
	8:30-9:15AM MASTERS
	8:30-9:30AM H2O:THE WORKOUT
	9:30-10:30AM AQUA AEROBICS
	6:00-7:00PM YOGA
	6:00-7:00 PM H2O:THE WORKOUT
THURSDAY	
CHECK BOX	TIME/CLASS
	8:30-9:15AM MASTER STRENGTH
	9:30-10:30AM AQUA AEROBICS
	5:30-6:30PM AQUA AEROBICS
	6:00-7:00PM MUSCLE MAX
FRIDAY	
CHECK BOX	TIME/CLASS
	8:30-9:15AM MASTERS
	8:30-9:30AM H2O:THE WORKOUT
	9:30-10:30AM AQUA AEROBICS
	6:00-7:00PM H2O:THE WORKOUT
SATURDAY	
CHECK BOX	TIME/CLASS
	9:30-10:30AM ZUMBA
	10:30-11:30AM AQUA AEROBICS