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Dill Potato Salad

Take potato salad from high calorie, high fat to low fat, lower calorie & super tasty.

Makes 12 servings– 90 calories per ½ cup serving

Ingredients:

6 cups water

6 cups potatoes, in 1-inch cubes

8 oz. light sour cream

2 teaspoons fresh dill, minced

2 tablespoons fresh parsley, chopped

½ teaspoon black pepper

½ teaspoon salt

2 tablespoons brown mustard

Directions:

1. In a saucepan, bring the water to a full boil and add cubed potatoes. Cook over high heat until tender, 15-18 minutes.
2. Drain and rinse in cold water.
3. In a large bowl, stir together sour cream, dill, parsley, pepper, salt, and mustard. Add potatoes and toss until evenly coated.
4. Cover and refrigerate 2 hours.